



Ontario County Suicide Prevention Coalition
 Coalition Meeting – via Zoom
 April 9, 2021 @ 9am

Attendees:

Jacqueline D.	VA Suicide Prevention
Tracey DS	Partnership for Ontario County ED
Erin L	Family Counseling Services of the Finger Lakes, Clinical Supervisor
Marsha F	Ontario County Youth Bureau
Ethan F	Canandaigua Chamber of Commerce
Jon G.	Bloomfield School Psychologist
Wanda M-J	Community Advocate
Emilie	Safe Harbors of the Finger Lakes – CAC co-located
Lisa R.	FLCC Intern at Partnership
Mackenzie F.	HWS Intern at Partnership
Donna B.	Care Net
Cindy V.	CA Prevention Specialist
Alice H	Community Advocate

1) Financial

- Tracey shared that she has requested the state for modification on the grant we have through OCFS. We would like to keep it open-ended as we aren't sure what exactly the mental health campaign will look like that we will be launching in the near future.

2) Discussion:

- It was noted that youth are really struggling and need support as isolation. Those that were struggling before are now falling under the radar as schools and outside prosocial groups don't have as much access to them.
- It's important to remember the impact COVID has had on everyone – teachers, students, etc. Whatever our campaign will be should be inclusive to all and a positive message to help people cope. People are tired and many miss the energy that comes with being with people.
- Bloomfield has tapped their "Sources of Strength" and Youth Mental Health First Aid to bring youth into the conversation about mental health.
- Conversation about businesses and the fact that many of them are undercapitalized. Many of the small businesses, the owners find themselves the operators which is difficult to sustain. Those business challenges have affected the workers also (unemployment).
- Are we missing those that are high functioning and hide their hurt? With our campaign, is there a way to quietly remind folks that there are choices – always?
- There has been an increase in sexual abuse with 6-10 year old children. Online bullying has increased as well.
- Erin L noted that Family Counseling Services of the Finger Lakes is going to be offering a "seeking safety" online group for young girls.

- Interns Lisa and Mackenzie noted that they will be doing more on social media (FB and IG) and encouraged the group to follow/like/repost.
- Tracey walked through the EmpowerOC.org website. An online repository of information and resources. Please let Tracey know if there needs to be something added to the resource list on the website.
- The question was posed – are we LISTENING to people? Take the time to listen.

3) Next Steps:

Anyone is welcome to join the mental health campaign committee. See Tracey for the Zoom link.

Tracey will ask for an extension to the OCFS funding grant.

Tracey will call the agencies on our SPC brochure to be sure their contact information is correct.

Next meeting June 11th at 9am and location TBD.

Minutes submitted by Tracey Dello Stritto

04/15/2021